

APPOINTMENT PREP & TREATMENT INFORMATION

Healing Treatments by Cheryl Dawn

Everything you need to know to get started with your treatments.

PRICING SCHEDULE:

New Client Appointment (2 Hours)

\$210.00 + 5% GST for a total of \$220.50

1 Hour Offline Charting + 1 Hour Over-the-Phone Session

Returning Client Appointment (Per Hour)

Booked within 2-3 Weeks of Initial "New Client" Charting

\$105.00 per hour + 5% GST for a total of \$110.25

PAYMENT ACCEPTED

- Mail Cheque / eTransfer

Send eTransfer to:

paycheryl@telus.net

- Paypal (Credit Card)

TERMS & CONDITIONS:

- Appointments must be paid in advance no later than 48 hours prior to treatment to reserve that spot.
- Cancellations are completely refundable if cancelled 24 hours or more prior to your appointment.
- 50% Non-Refundable Deposit will be assessed if appointment is cancelled less than 24 hours prior to appointment.

NEW CLIENT? Snapshot of your 1st Treatment:

1st Hour - Charting

In the first hour of treatment, with your permission and your birth date, I am able to tap into your physical and light bodies (aura) allowing me to see where the work needs to be done. This is called charting, or a reading of your energy field. This is done before I get on the phone to do the healing work with you. It is very powerful and is like many treatments in one for many clients I have worked with. I can receive anywhere from 9 to 11 pages of information on this reading.

2nd Hour - Treatment

This is when we connect over the phone and do further healing. Sometimes there is other work to be done before we address what you think needs to be done in the first appointment; this is common, but as the treatment unfolds you will have a better understanding as we work together.

I, Cheryl Dawn, am not a doctor. I am simply assisting you to energetically cleanse your body, soul, and mind. I am not a medical intuitive and do not diagnose conditions. I am honoured if you choose to work with me and I will do everything I can to hold the space for healing and assist in your journey.

I appreciate your interest in my personalized healing sessions and I look forward to our treatment. Thank you for making a difference in your Self, others, Mother Earth, and All that Is - because when you start with yourself it's like a ripple effect. There is a lightness to being in balance and clear.

I invite you create a life full of joy, peace, and love to be felt by all.

- Cheryl (Share-all) Dawn

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Treatment Timeline

Individual treatments may include any of the following healing modalities as needed, sometimes not in this order, listed below:

1st Treatment

Chakra cleansing and balancing, deep emotional release work with aura repair, cleansing and de-cording. This may assist in clearing unwanted physical and mental challenges as well as any unwanted energy that is within and around you. This unwanted energy could come from many different sources but I often find, with many of my clients, it is their own fear of things that are lowering the vibration of their being and letting them live an unhappy life. This will include letting go of trauma, beliefs, thoughts, feelings, and emotions from past events that are no longer serving you.

2nd Treatment

Meridian flushing, emotional release work (through energetic spinal re-alignment work and more emotional release work) as experienced in 1st session, aura and chakra balancing, and if time permits spinal chakra balancing (which is dealing with the emotions filed away that may cause inflammation or misalignment of the spine.)

3rd Treatment

Working with accupressure holding points, neuro-lymphatic points, restoring the energy in the muscles that are weak and flushing out the meridians related to the muscles that are in distress. These imbalances may be causing unwanted pain and other conditions in the body. Example: lack of breath, spinal misalignment, sore movement with limping or other challenges you may be experiencing in the body. Some physical ailments such as thyroid conditions, digestive disturbances, infections, and weight changes can show up in the muscles as a weakness. Often correcting the muscles can stop some side effects and conditions we experience daily in our lives, depending on the individual circumstances. Spinal balancing and regression, if needed, or other soul - spirit retrieval work, to bring other aspects of yourself into the present to merge with you to complete healing together. Some recommended eating will be mentioned, but I'm not a nutritionist and you should get advice from a professional after I mention a few tips on what the body needs, should it come up in your charting.

4th Treatment

Visualization and regression to find out what needs to be resolved so that you can move forward from what seems to be a continued pattern of behaviour, physical ailment, or attraction into your life. Beliefs that need to be let go of that are preventing you from living the life you want.

5th Treatment

At this stage, all treatments depend on the client. We can do soul retrieval, sound healing, or more work that has not been completed in the above healing sessions.

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Before Treatment Checklist

- ✔ **Drink water and be well hydrated** for 24-48 hours before the treatment. If you drink 7 - 8 glasses a day this is good. *If you are regularly drinking only 2 or 3 glasses of water per day, try to get up to 7 glasses a day. Make sure you don't over drink as this can deplete the minerals in your body. This helps to release toxins that have been shifted and are made loose during your treatment.*
- ✔ **Cut out sugar, alcohol, red meat, and caffeine** for 24-48 hours before the treatment. If this is hard to do, try limiting your intake to a quarter of what you normally. Eating more fresh live-foods helps the energy flow faster when release work is done. ** If you need your daily coffee, simply try to limit to 2 cups max per day.
- ✔ **Open the windows in your home** during the treatment and air out the house. If lots of clutter in the space where you will be doing the healing, declutter is suggested prior to the treatment.
- ✔ **Dress in layers** as during treatments you can get cold or hot.

